

1. Energy control 2 \leftarrow Energy control 1 is the removal of singularities at the end of SFT-6. The following prop can be viewed as an application of removal of singularities.

Prop (Lemma 9.11 in [Wen])

$(M, (\omega, \lambda))$ stable Hamstr. $J \in \mathcal{J}(\omega, \lambda)$. $u: (\overset{\mathbb{G} = S^2 \setminus \{0\}}{\Sigma}, j) \rightarrow (\mathbb{R} \times M, J)$
 J -hol and satisfies $E_\Sigma(u) < \infty$ and $\int_\Sigma u^*(\pi_M^* \omega) = 0$, where $\pi_M: \mathbb{R} \times M \rightarrow M$ is the projection, then u is constant.

pf. $T(\mathbb{R} \times M) = \langle \underbrace{\partial_t}_{R(\omega, \lambda)}, \underbrace{R}_{\lambda}, \ker(\lambda) \rangle$

• For $(s, t) \in \Sigma = \mathbb{G}$, we have

$$\begin{aligned} u^*(\pi_M^* \omega)(\partial_s, \partial_t) &= \pi_M^* \omega(du(\partial_s), du(\partial_t)) \\ &= \pi_M^* \omega(du(\partial_s), du(j\partial_s)) \\ &= \pi_M^* \omega(du(\partial_s), J du(\partial_s)) \\ &= \omega(\underbrace{\quad}_{R\text{-part}} + \pi_{\mathbb{G}} du(\partial_s), \underbrace{\quad}_{R\text{-part}} + \pi_{\mathbb{G}} J du(\partial_s)) \\ &\quad \omega \text{ vanishes in } R\text{-direction} \searrow \\ &= \omega(\pi_{\mathbb{G}} du(\partial_s), \pi_{\mathbb{G}} J du(\partial_s)) \\ &= \omega|_{\mathbb{G}}(\pi_{\mathbb{G}} du(\partial_s), J_{\mathbb{G}} \pi_{\mathbb{G}} du(\partial_s)) \end{aligned}$$

By the defining condition of J , when restricted at \mathbb{G} , $J_{\mathbb{G}}$ is $\omega|_{\mathbb{G}}$ compatible, so $u^*(\pi_M^* \omega)(\partial_s, \partial_t) \geq 0$ and

$$u^*(\pi_M^* \omega)(\partial_s, \partial_t) = 0 \text{ iff } \text{im}(du) \subset \text{span}\langle \partial_t, R \rangle.$$

Observe (Exe) that there \exists holomorphic map $\Phi: \mathbb{C} \rightarrow \mathbb{C}$
 s.t. not nec injective!

$$(\dot{\Sigma}, j) = (\mathbb{C}, j) \xrightarrow{u} (\mathbb{R} \times M, J)$$

"reparametrization"

$$\searrow \Phi \quad \nearrow u_r$$

$$(\mathbb{C}, J^{-1})$$

\mathbb{R} -direction

no part in \mathcal{I}

not nec a closed orbit

where $u_r(s, t) = (s, \gamma(t))$ where $\gamma(t)$ is a flowline of R , that is,
 $u = u_r \circ \Phi$. (Note that here we need to use $\pi_1(\mathbb{C}) = 0$.)

• For $\varphi \in T_\Sigma$, by the def of $E_\Sigma(\varphi)$, let's consider

$$(u^* \omega_\varphi) = u^* (\omega + d(\varphi(r)\lambda)) = \Phi^* (u_r^* (\omega + d(\varphi(r)\lambda)))$$

$$\text{Note that } (u_r^* (\omega + d(\varphi(r)\lambda))) (\partial_s, \partial_t) = \underbrace{\left(\omega + \varphi(r) d\lambda + \varphi'(r) dr \wedge \lambda \right)}_{\text{from } (\mathbb{C}, J^{-1})} (\partial_s, \partial_t) = (\varphi'(r) dr \wedge \lambda) (\partial_s, \partial_t).$$

$$\Rightarrow u_r^* (\omega + d(\varphi(r)\lambda)) (s, t) = \varphi'(s) ds \wedge dt$$

$$\Rightarrow \int_{\dot{\Sigma}} u^* \omega_\varphi = \int_{\mathbb{C}} u^* \omega_\varphi = \int_{\mathbb{C}} \Phi^* (\varphi'(s) ds \wedge dt)$$

Since $\varphi'(s) > 0$, $\varphi'(s) ds \wedge dt$ is an area form on (\mathbb{C}, J^{-1}) . $\int_{\mathbb{C}} \varphi'(s) ds \wedge dt = +\infty$

Claim. One can choose $\varphi = \varphi(s) \in T_\Sigma$ s.t. the area form $\varphi'(s) ds \wedge dt$ extends from \mathbb{C} to $\mathbb{C} \cup \{\infty\} (= S^2)$ (i.e. at ∞ , this form won't degenerate to 0).

To avoid writing ∞ as a pt, let's change ∞ to 0 by

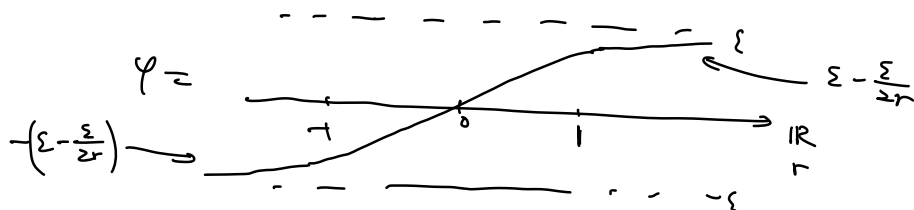
$$\mathbb{C}^* \longrightarrow \mathbb{C}^* \quad z \longrightarrow \frac{1}{z} \quad (\infty \rightarrow 0)$$

$$\text{Then } \varphi'(s) ds \wedge dt \xrightarrow[\substack{z=s+\sqrt{-1}t \\ \bar{z}=s-\sqrt{-1}t}]{\varphi'(\frac{s}{|z|^2}) \cdot \frac{-1}{z\sqrt{-1}} \cdot \frac{1}{|\bar{z}|^4} d\bar{z} \wedge d\bar{z}}$$

$$s+\sqrt{-1}t \rightarrow \frac{1}{s+\sqrt{-1}t} = \frac{s}{|z|^4} + \dots$$

$$= \underbrace{\varphi'(\frac{s}{|z|^2})/|z|^4}_{(*)} ds \wedge dt \quad \text{for } z=s+\sqrt{-1}t \in \mathbb{C} \setminus \{0\}.$$

We need to choose $\varphi \in T_{\mathbb{R}}^2$ s.t. $(*)$ won't degenerate to 0 at 0.



Then $\exists c > 0$ (from cpt interval $[1, 1]$) s.t. $\forall r \in \mathbb{R}$

$$\varphi'(r) \geq \min \left\{ c, \frac{\epsilon}{2r^2} \right\}$$

$$\Rightarrow \varphi'(\frac{s}{|z|^2})/|z|^4 \underset{r=\frac{s}{|z|^2}}{\geq} \min \left\{ \frac{c}{|z|^4}, \frac{\epsilon |z|^4}{2s^2 |z|^4} \right\} = \min \left\{ \frac{c}{|z|^4}, \frac{\epsilon}{2s^2} \right\}$$

and when $|z| \rightarrow 0$, both $\frac{c}{|z|^4}$ and $\frac{\epsilon}{2s^2}$ blow up, so not degenerating to 0.

Then we have a setting: $\Phi: (\Sigma, j) \xrightarrow{\text{hol}} (S^2, j_{\text{std}})$ and we have $\mathbb{C} \cup \{\infty\}$

a well-defined area form $\varphi'(s) ds \wedge dt$ extended from $\varphi'(s) ds \wedge dt$.
(symplectic)

$\Rightarrow \forall C > 0, \exists$ a symplectic str Ω on (S^2, j_{std}) s.t.

$$\Omega \leq \varphi'(s) ds \wedge dt \quad \text{and} \quad \int_{S^2} \Omega > C.$$

Then

- If $\int_{\dot{\Sigma}} \Phi^* \Omega = \infty$, then

$$\int_{\dot{\Sigma}} u^* \omega_\varphi = \int_{\dot{\Sigma}} \Phi^* (\varphi'(s) ds \wedge dt) \geq \int_{\dot{\Sigma}} \Phi^* \Omega = \infty. \rightarrow \leftarrow \begin{matrix} \text{to } E_2(u) < \infty. \end{matrix}$$

- If $\int_{\dot{\Sigma}} \Phi^* \Omega < \infty$, then by removal of singularities, Φ extends to a (j_{std}) hol map $\Phi: (S^2, j) \rightarrow (S^2, j_{std})$, and

$$\begin{aligned} \int_{\dot{\Sigma}} u^* \omega_\varphi &= \int_{\dot{\Sigma}} \Phi^* (\varphi'(s) ds \wedge dt) \geq \int_{\dot{\Sigma}} \Phi^* \Omega = \int_{\Sigma} \Phi^* \Omega \\ &= \deg(\Phi) \int_{S^2} \Omega \end{aligned}$$

Φ is hol $\Rightarrow \deg(\Phi) \geq 0$ and then $\deg(\Phi) \int_{S^2} \Omega \geq \deg(\Phi) \cdot C \rightarrow \infty$ as $C \rightarrow \infty$. Therefore, $\int_{\dot{\Sigma}} u^* \omega_\varphi = \infty \rightarrow \leftarrow$. \square

Remark One can also consider $\dot{\Sigma} = S^2 \setminus \{p, q\} \simeq \mathbb{R} \times S^1$. The observation

above changes to $U_T: \mathbb{R} \times S^1 \rightarrow \mathbb{R} \times M$ by

$$U_T(s, t) = (Ts, \gamma(Tt)) \quad \leftarrow \begin{matrix} \text{where } T \text{ is the minimal} \\ \text{period of the flow of } R. \end{matrix}$$

and $\Phi: (\mathbb{R} \times S^1, j) \rightarrow (\mathbb{R} \times S^1, j_{std})$

By a similar argument, one can show either u is constant or

$$U(s, t) = (kTs, \gamma(kTt))$$

that is, a k -fold covering of the "trivial cylinder".

2. Convergence to critical pts

Let's discuss in Morse case first. (M, F) ^{closed} F is a Morse fun. also with a metric g fixed

Prop. Suppose that $u(s): \mathbb{R} \rightarrow M$ is a gradient flow line

$$\frac{du(s)}{ds} = \nabla F(u(s)).$$

then there exist $p^\pm \in \text{Crit}(F)$ s.t. $\lim_{s \rightarrow \pm\infty} u(s) = p^\pm$.

Pf. By def of a Morse fun, each critical pt is "non-deg" (i.e.

near crit cpt p , $F(x_1, \dots, x_n) = \sum_{i=1}^n \pm x_i^2$), so since M is

closed, \exists finitely many critical pts

$$\text{Crit}(F) = \{p_1, \dots, p_N\}.$$

Choose $\{U_i\}_{i=1}^N$, NBHs of p_i , disjoint.

• $\exists \varepsilon_0 > 0$ s.t. $\|\nabla F(x)\| \geq \varepsilon_0$ for any $x \in M \setminus \bigcup_{i=1}^N U_i$.

Suppose wot, $\exists x_n \in \underbrace{M \setminus \bigcup_{i=1}^N U_i}_{\text{closed cpt}}$ s.t. $\|\nabla F(x_n)\| < \frac{1}{n} \quad \forall n$.

Then $x_n \rightarrow x_\infty$ and $\|\nabla F(x_\infty)\| = 0$. So, $x_\infty \in \text{Crit}(F) \rightarrow \in$

For every $\varepsilon \in (0, \varepsilon_0)$, denote the following NBH of $p_i \in \text{Crit}(F)$,

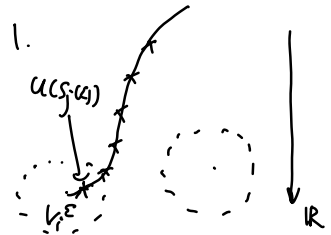
$$V_i^\varepsilon := \{x \in U_i \mid \|\nabla F(x)\| < \varepsilon\} \subset U_i$$

• $\forall \varepsilon > 0$, \exists a seq $s_j(\varepsilon) \in \mathbb{R}$ and $s_j(\varepsilon) \rightarrow +\infty$ as $j \rightarrow \infty$ s.t.

$$u(s_j(s)) \in \bigcup_{i=1}^N V_i^\varepsilon \text{ when } j \gg 1.$$

Suppose wot, $\exists s_*$ s.t. $\forall s \geq s_*$, we have

$$u(s) \notin \bigcup_{i=1}^N V_i^\varepsilon \xRightarrow[\text{by def of } V_i^\varepsilon]{\text{then}} \|\nabla F(u(s))\| \geq \varepsilon \quad (\forall s \geq s_*).$$



$$\text{Recall } E(u) := \int_{-\infty}^{\infty} \left\| \frac{\partial u}{\partial s} \right\|_g^2 ds \quad (= \lim_{s \rightarrow \infty} F(u(s)) - \lim_{s \rightarrow -\infty} F(u(s)))$$

Then

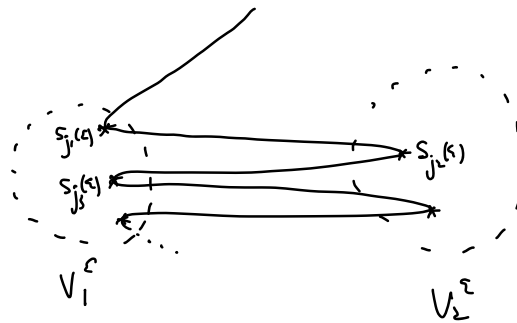
$$\max_M F - \min_M F \geq E(u) = \int_{-\infty}^{\infty} \left\| \frac{\partial u}{\partial s} \right\|^2 ds$$

$$= \int_{-\infty}^{\infty} \|\nabla F(u(s))\|^2 ds$$

$$\geq \int_{s_*}^{\infty} \|\nabla F(u(s))\|^2 ds \geq \int_{s_*}^{\infty} \varepsilon^2 ds = \infty.$$

→ This shows that in a closed/cptd mfd, the energy of a gradient flow is also finite!

Note that this won't directly finish the proof since we could have the following "jumping" picture



Since $E(u) < \infty$, choose $\sigma_\varepsilon \in \mathbb{R}$ s.t.

$$\int_{\sigma_\varepsilon}^{\infty} \left\| \frac{\partial u}{\partial s} \right\|^2 ds \leq \frac{\varepsilon}{4} \cdot \min_{i \in \{1, \dots, N\}} d(\overline{V_i^{\varepsilon/2}}, M \setminus V_i^\varepsilon)$$

- $\exists i \in \{1, \dots, N\}$ s.t. $u(s) \in V_i^\varepsilon$ for $s \geq \sigma_\varepsilon$.

Since there are only finitely many V_i^ε 's that $u(s)$ can "jump," so

$\exists S_0 \geq \sigma_\varepsilon$ and $i_0 \in \{1, \dots, N\}$ s.t. $u(S_0) \in V_{i_0}^{\varepsilon/2}$ \leftarrow apply the argument above to $V_i^{\varepsilon/2}$ and take $s_0 = s_j(\varepsilon)$ for sufficiently large $j \gg 1$.

Now, suppose $\forall i \in \{1, \dots, N\}$, in particular i_0 , there

exist $S_1 \geq \sigma_\varepsilon$ s.t. $u(S_1) \notin V_{i_0}^\varepsilon$

\Rightarrow (if nec, one can take S_0 sufficiently large s.t. $S_0 > S_1$)

\exists time interval $[t_1, t_0]$ s.t. $u(t_0) \in \partial V_{i_0}^{\varepsilon/2}$, $u(t_1) \in \partial V_{i_1}^\varepsilon$, and $u(t) \in V_{i_1}^\varepsilon \setminus V_{i_0}^{\varepsilon/2}$.

By def of $V_{i_0}^{\varepsilon/2}$, we know for $t \in [t_1, t_0]$,

$$\left\| \frac{\partial u}{\partial s}(t) \right\| = \left\| \nabla F(u(t)) \right\| \geq \frac{\varepsilon}{2} \quad \leftarrow \quad \left\| \frac{\partial u}{\partial s}(t) \right\|^{-1} \leq \frac{2}{\varepsilon}.$$

$$\begin{aligned} \Rightarrow \min_{i \in \{1, \dots, N\}} d(\bar{V}_i^{\varepsilon/2}, M[V_i^\varepsilon]) &\leq d(u(t_1), u(t_0)) = \int_{t_1}^{t_0} \left\| \frac{\partial u}{\partial s} \right\| ds \\ &= \int_{t_1}^{t_0} \left\| \frac{\partial u}{\partial s} \right\|^2 \cdot \left\| \frac{\partial u}{\partial s} \right\|^{-1} ds \\ &\leq \frac{2}{\varepsilon} \int_{\sigma_\varepsilon}^{\infty} \left\| \frac{\partial u}{\partial s} \right\|^2 ds \\ &\leq \frac{2}{\varepsilon} \cdot \frac{\varepsilon}{4} \cdot \min_{i \in \{1, \dots, N\}} d(\bar{V}_i^{\varepsilon/2}, M[V_i^\varepsilon]) \\ &= \frac{1}{2} \min_{i \in \{1, \dots, N\}} d(\bar{V}_i^{\varepsilon/2}, M[V_i^\varepsilon]) \rightarrow 0. \end{aligned}$$

Finally, let $\varepsilon \rightarrow 0$, we know $u(s) \rightarrow p_{i_0} \in \text{Crit}(F)$. □